Journeys!

This time last year I was getting ready to embark on a very special journey. I had been given the opportunity to accompany a friend on a pilgrimage to the Holy Lands. It is somewhere I had always wanted to visit and so I was excited by the prospect of journeying to a place of such huge significance.

In some ways it was nothing like I had expected. In other ways it exceeded all expectations. Walking where Jesus walked was truly amazing and reading certain Bible passages has never been the same again.

It was certainly a pilgrimage and not a holiday with many miles covered and special places and churches visited. We had an amazing tour guide who got us around safely and shared lots of information with us too.

Whilst writing this I was reminded of an old school hymn... "The journey of life" that continued "May be easy, may be hard, There'll be danger on the way". I couldn't remember the second verse until I looked it up – but what amazing words "My burden is light and a song is in my heart as I travel on life's way; For Christ is my Lord and he's given me his word that by my side he'll stay;" What a promise and encouragement for us. Just as we needed our guide on our trip to the Holy Lands.... God is our guide for our pilgrimage of life here on earth. He knows the best route for us, He also knows it will be tough... and that is why the promise of His presence is so important to hold on and why we need one another too to help us in our journey of life.

Wherever you go, whatever path you take....always know there is a God of love who promises never to leave us or forsake us (Deuteronomy 31:6).

God Bless

Heather

Service Dates in February

2 nd February - 10am	Candlemas	Luke 2 v 22 to 40
Holy Communion		
9 th February – 9am	3 rd Sunday	Isaiah 58 v9b to 12 or
Holy Communion	Before Lent	Matthew 5 v13 to 20
16 th February - 10am	2 nd Sunday	Psalm 119 v1 to 8
Holy Communion	Before Lent	
23 rd February -10am	Sunday next	Matthew 17 v 1 to 9
All Age Worship	Before Lent	

plus

Wednesday 26th Feb – <u>Ash Wednesday</u> – 7.30pm at Hartshill Service of communion and the impostion of ashes. All Welcome

What Else Is On In February		
Thursday 6 th	7pm Singing Group	
Wednesday 19 th	3.30pm Messy Church in the Community Centre	
Wednesday 19 th	7.30pm Mothers' Union AGM	

Children's groups take place on 1st and 3rd Sundays during Holy Communion Trinity Tots takes place in the Community Centre every Monday during term time at 1pm

Prayer group takes place in Church every Tuesday at 9.15am

Fellowship Groups takes place every Tuesday during term time at Nick and Carol's at 7.30pm and every Monday at 7.30pm at Sylv's

Over 50s group takes place in the Community Centre every Wednesday at 1pm

– 3pm



It was great to be able to share Advent and Christmas together with our Churches together Advent service and singing Carols at our local care homes. I hope the residents enjoyed our singing as much as we enjoyed visiting them!

Looking ahead – our next service is our World Day of Prayer see below...

World Day of Prayer – Friday 6th March 2pm at Holy Trinity, Hartshill Followed by refreshments and a bring & buy sale

It is great to be able to join in with an international service learning about Christian traditions in other parts of the world. So do join us if you can.... for.... "How good and pleasant it is when brothers and sisters live together in unity...for there the LORD bestows his blessing, even life forevermore." (Psalm 133)

Heather



All ages of children are welcome

Come along for fun, crafts, food and a little mess!!!

*** At Hartshill Community Centre ***
(next to Holy Trinity Church, Church Road)

The next few sessions at our usual time of Wednesday afternoons 3.30 – 5.30pm are:

** Dates for the start of 2020 **

15th Jan 19th Feb 18th Mar

Children must be accompanied by an adult. Cost? Free – but donations are welcomed.

OVER 5Os CLUB

On Wednesday the 8th of January at the AGM I stepped down as Leader of the Over 50s Club after 15 years. I was very sorry to have to do it.

The past year was very difficult for me as my eyes have deteriorated over that time, writing letters and doing the books was very hard for me.

I would like to thank all the committee past and present, plus the non committee members for all the help they have given me. Thank you all.

Mary Williams has taken over from me as leader and I will be there to help her when needed.

Yours Beryl Todd.



Many thanks to everyone who supported the work of The Children's Society by donations at the Christingle Service and for the church Christmas card. We have been able to send a cheque for £263.48

Collect stamps for RNIB and make a real difference to people with sight loss



If you like to send and receive letters and parcels through the post, there's a way of supporting RNIB that won't cost you a penny. Donate your stamps and we'll recycle them into much-needed funds.

Thank you to those of you who have already donated. I posted a large bag from church to RNIB last week.

Sue Foster

A collection of short Prayers for February 2020

Phil 4: 6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

	<u>, </u>	
1	Our world seems to be racked with aggression and threats at the moment, pray for peace and reconciliation.	
2	Today we remember the faithfulness of Simeon as he waited patiently for the Messiah to come to earth. We pray for such patience and faithfulness in our lives.	
3	We remember all those who have been affected by the bush fires in Australia and pray that they will not be forgotten and that suitable help will be given to them. We think especially of those who have lost their lives and families, communities and wildlife displaced as a result of the fires.	
4	We thank the Lord for our friends – people who put a smile on our faces when we are in need, who are always there for us, are honest with us but do not judge.	
5	We think of those who have lost loved ones and friends and are lonely. Help us to see how we can help them.	
6	We pray for those who are not well at the moment, in body, mind and spirit. Be with them in their suffering bringing comfort as needed.	
7	We thank the Lord for all those who work in the health profession – for their skill, kindness and care as they seek to help those who are not well.	
8	Deanery Marriage Preparation course. We think of couples getting married this year – may they consider prayerfully the commitment they are to make to each other.	
9	Pray that we can be like 'salt' and 'light' and transform the communities in which we find ourselves.	

10	Hartshill PCC – we pray for each member who attends, that they will be guided by Your Holy Spirit in all that is discussed and decisions made.		
11	Deanery Synod – pray for open hearts and minds to Your leading and direction for our Deanery.		
12	We thank God for all those who serve him faithfully throughout the world, especially we pray for His continued blessing on Heather and Sharon.		
13	We thank the Lord for all those who serve him within our community providing outreach activities for many.		
14	On a day when we traditionally think of love, we pray for couples everywhere, may they be supportive and loving to one another.		
15	We pray for our Government and all those in opposition, that they will seek to do lead our country for the good of many and in a caring and compassionate manner.		
16	Help us to remember how blessed we are and to thank God for His many blessings to us.		
17	We remember all those who live in our local care homes and pray for their well-being. Thank you for all those who look after and care for them.		
18	We pray that You will help us to see the needs of others and be willing to do something to assist – help us to be good neighbours.		
19	Messy Church – pray for all who attend the session, that they will learn more about You through all the activities that they do. Thank God for all those who lead and help with Messy Church so faithfully each month.		
20	We think of the many in Nuneaton (and throughout the country) who are homeless and pray for resolutions to their situation.		
21	We thank You for all those who give to the Food Bank (and those who ensure that families have food on their tables). We especially		

	pray for families that may struggle at half-term and ask that more permanent solutions can be found.	
22	Help us to prayerfully look at our lives and see what we can do to look after Your wonderful creation and ensure it's survival for many years to come.	
23	During Jesus' transfiguration, God declares 'This is my Son, whom I love, with him I am well pleased. Listen to him'. Pray that God will give us open hearts and ears to listen to what Jesus wants to tell us.	
24	Lent Assembly at MD Junior School – please pray that the children will take an interest and be blessed with the knowledge of knowing You are a loving God.	
25	We pray for strength to be different and not to be led by what others do but be led by You.	
26	As we begin Lent with the Ash Wednesday service, help us to see this holy time as one of spiritual renewal rather than a time of deprivation. May we experience a new level of Your grace.	
27	Heavenly Father, during this Lenten season give us a new and expanded vision for our lives. Help us to live our lives full of faith. Teach us to find hope in the face of adversity.	
28	May this season of repentance bring us the blessing of forgiveness and the gift of Your light	
29	As we begin our journey toward spiritual growth, help us to look deep within ourselves and let go of the old to embrace the new life that comes from You.	

Proverbs 3: 5 -6 Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.





Book Aid Charitable Trust was set up in the 1980's in response to a desperate plea from Africa and other countries where economic crises and foreign currency restrictions had reduced supplies of Christian books to an all time low and vast numbers of Christians were suffering from "Book Famine". It was set up by founder Bob Hiley and his wife Ada, cofounder and they worked for 30 years into their late 80's. Ada died in 2017 and Bob in 2019 and the charity was set up to make large shipments of new and second-hand Christian books and Bibles to these needy areas in 19 nations, mainly in Africa, Asia and the Caribbean.

In the UK volunteers collect books at collection points throughout the UK, our nearest collection points being Coventry, Warwick, Tamworth and Birmingham and are then transported to the warehouses in London and Ranskill, Notts. where the books are sorted, boxed and put on pallets ready for shipment. A few books that are donated are found to have a very high value and go to auction to raise funds. The books going abroad are sold at affordable prices and the money raised is used to develop local literature initiatives and to support Christian ministries. More scholarly books also equip Bible College libraries where they are used to train a new generation of ministers of the Gospel.

Book Aid also have shops in the UK where books not required overseas are sold, which raise funds to cover administration and shipping costs; our nearest bookshop is in Ranskill, Notts. However, they do have an on-line bookshop and use Amazon, Advanced Book Exchange and eBay to sell their stock.

Since the late 1980's over 30 million Christian books and Bibles have been shipped to book hungry areas, this being due to the generosity of British Christians.

I love books and reading and can't imagine not having a book (or two or more) on the go at any given time. It is so easy in Britain to go into a bookshop, charity shop or the library and have hundreds of books to choose from.

Maybe you would like to donate some of your no longer used Christian books and Bibles, but not all are suitable e.g. hymn books or service books; so you would need to check first. Perhaps there is a book you'd like to read, but is no longer available in the shops; so you could look on-line to see if there's a copy available.

Contact details are Book Aid, Bromley House, Kangley Bridge Road, Lower Sydenham, London SE26 5AQ. Tel: 020 8778 2145 or go on-line at book-aid.org

Lynda Kelly



We have received a thank you for the 94.6 kgs of food that was delivered in December. Please continue to bring items each Sunday. The food bank in particular needs tinned carrots, fruit juice, small jars of coffee and instant mashed potato.

But all contributions are welcome, and can be put by the table at the back of Church. The next delivery dates are February 10^{th} (before half term) and March 2^{nd} . It would be great to have plenty to take.

Sharon's Recipe - Healthy Fillet Steak with Goulash Sauce

A special meal for Valentine's Day.

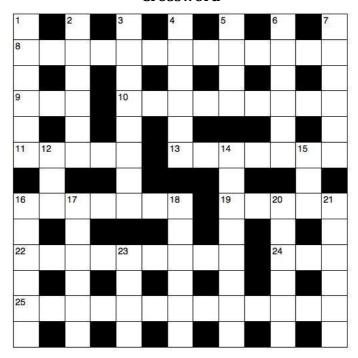
Ingredients

3 tsp rapeseed / cooking oil, plus a little for steak 250g sweet potato peeled and cut into narrow chips 1 onion – chopped small 1 green pepper. deseeded and diced small 2 garlic cloves, sliced thinly 1 tsp smoked paprika 200 ml water 85g cherry tomatoes halved 1 tbsp tomato puree Pinch of Salt Freshly ground pepper 1/2 a beef stock cube 2x Fillet Steak Green vegetable to accompany Salt and freshly ground pepper

Method

- Heat oven to 240C/220C fan/gas 7 and put a wire rack on top of a baking tray.
 Toss the sweet potatoes in 2 tsp oil in a bowl, then scatter them over the rack and set aside until ready to cook.
- Heat 1 tsp oil in a non-stick pan, add the onions, cover the pan and leave to cook for 5 mins. Take off the lid and stir – they should be a little charred. Stir in the green pepper and garlic, cover the pan and cook for 5 mins.
- 3. Stir the paprika into the onions and peppers, pour in 200ml water and stir in the cherry tomatoes, tomato purée and half a stock cube, season with pinch of salt and pinch of pepper. Cover and simmer for 10 mins. Simmer gently for another 15 minutes whilst the potatoes, vegetables and steak cook. Check every 5 mins, stir and remove the lid if the sauce is too runny it should be a thick consistency at the end of 15 mins.
- 4. Cook the green vegetables
- 5. Put the potatoes in the oven and bake for 15 mins
- 6. Pan-fry the steak in a hot, non-stick pan for 2-5 mins each side depending on their thickness. Rest for 5 mins.
- Serve Spoon the goulash sauce over the steaks and serve with the sweet potato chips and green vegetables.

Crossword



Across

- 8 Interrogated (Acts 12:19) (5-8)
- 9 'Burn it in a wood fire on the heap' (Leviticus 4:12) (3)
- 10 Tobit, Judith, Baruch and the books of Esdras and the Maccabees are part of it (9)
- 11 Science fiction (abbrev.) (3-2)
- 13 Clay pit (anag.) (7)
- 16 Went to (John 4:46) (7)
- 19 'Therefore, I urge you, brothers, in view of God's mercy, to your bodies as living sacrifices' (Romans 12:1) (5)
- 22 David's plea to God concerning those referred to in 14 Down: 'On —
- let them escape' (Psalm 56:7) (2,7)
- 24 Royal Automobile Club (1,1,1)

25 How the book of Ezekiel refers to God more than 200 times (Ezekiel 2:4) (9,4)

Down

- 1 Seas (Proverbs 8:24) (6)
- 2 One of the sons of Eli the priest, killed in battle by the Philistines (1 Samuel 4:11) (6)
- 3 Specialist in the study of the Muslim religion (8)
- 4 'Do not rebuke an older man harshly, but him as if he were your father' (1 Timothy 5:1) (6)
- 5 One of Esau's grandsons (Genesis 36:11) (4)
- 6 Taking a chance (colloq.) (2,4)
- 7 God's instructions to the Israelites concerning grain offerings: '— salt to your offerings' (Leviticus 2:13) (3,3)
- 12 Confederation of British Industry (1,1,1)
- 14 'All day long they twist my words; they are always to harm me' (Psalm 56:5) (8)
- 15 The crowd's reaction to Jesus bringing back to life a widow's son in Nain (Luke 7:16) (3)
- 16 Disappear (Psalm 104:35) (6)
- 17 How Jeremiah was likely to die if he wasn't rescued from the cistern where he was imprisoned (Jeremiah 38:9) (6)
- 18 What the prophets do to a wall, with whitewash (Ezekiel 13:10, RSV) (4,2)
- 20 Made by a plough (Job 39:10) (6)
- 21 Noah was relieved when the flood waters continued to (Genesis 8:5) (6)
- 23 Jesus gave the Twelve the power and authority to do this to diseases (Luke 9:1) (4) (Solution on page 15)



Feb20 © deborah noble • parishpump co.uk



Library Volunteers Wanted Hartshill Library

No experience necessary as full training will be given.

Two-hour sessions available, Tuesday to Saturday.

Number and timing of sessions decided by you.

Friendly and welcoming team.

Two volunteers per session.

Please call into the Community Centre for an application form or to find out more about volunteering.

Solution to crossword on page 13

ACROSS:

8, Cross-examined. 9, Ash. 10, Apocrypha. 11, Sci-fi. 13, Typical. 16, Visited. 19, Offer. 22, No account. 24, RAC. 25, Sovereign Lord.

DOWN:

1, Oceans. 2, Hophni. 3, Islamist. 4, Exhort. 5, Omar. 6, On spec. 7, Add all. 12, CBI. 14, Plotting. 15, Awe. 16, Vanish. 17, Starve. 18, Daub it. 20, Furrow. 21, Recede. 23, Cure.

Hartshill Community Library

Your Warwickshire Library card works here!



Tuesday 10am to 2pm Wednesday 2pm to 4pm Thursday 2pm to 4pm Friday 10am to Midday Saturday 10am to Midday

The following sessions are also held in the library: Family History Group Mondays 1.30pm to 3.30pm Needles and Natter Fridays 10am to 12pm Book Club first Tuesday of the month 10.30am

If you feel able to join our band of volunteers, pop in any time.

Church Flowers in February



2nd In memory of Mr L Taylor

9th In memory of Marian Wilkinson

Ash Wednesday is 26th - no flowers in Lent.

Thank you for your generous donations towards the flowers.



Hopefully, you were able to visit the Christmas wreath festival in December, where there were lots of beautiful Christmas wreaths on display, created with love by many of the groups associated with our church.

Here at Hartshill Mothers' Union, we look forward to our November meeting where we create our Christmas wreath together. We like to precycle our creations for the Christmas wreath using items that we are creating for some other purpose to decorate it. In 2017, we constructed our wreath from "teddies for tragedies". In 2018, it was knitted and crocheted poppies which we created for Warwick Poppies. In 2019, we used "snuggle bears" and "cross in my pocket"s.



We started making "cross in my pocket"s to give to people in hospitals and care homes. Cross in my pockets are made by many Christians to give to family and friends and people they meet. It's amazing how grateful people are when they receive them, appreciating the care and thoughtfulness that the gift of a cross represents.

We always enclose the following prayer within the cross pocket.

A cross in my pocket verse and prayer

I carry a cross in my pocket A simple reminder to me Of the fact that I am a Christian No matter where I may be. This little cross is not magic Nor is it a good luck charm. It isn't meant to protect me From every physical harm. When I put my hand in my pocket To bring out a coin or a key The cross is there to remind me Of the price He paid for me. It reminds me too, to be thankful For my blessings day by day And to strive to serve Him better In all that I do and say. It's also a daily reminder Of the peace and comfort I share With all who know my Master And give themselves to His care. So, I carry a cross in my pocket Reminding no one but me That Jesus Christ is Lord of my life If only I'll let Him be If only I'll let Him be.

If you would like to make a "cross in my pocket", you can find the instructions at https://www.nordicneedle.com/free/10-31-Cross.pdf

We also knit snuggle bears to give to people in hospitals and care homes. The 'snuggle bear' fidget toy knitting pattern was designed by Fiona Crouch. She describes the bear as 'a companion, someone to chat to and a distraction from anxiety, fear or pain'. I also think it is a cute toy for anyone. If you would like to make a snuggle bear, you can find the instructions at

https://www.alzheimers.org.uk/blog/how-make-fidget-toys-people-living-dementia



Thank you to everybody who has contributed to the magazine. This month, special thanks are due to the loyal band of volunteers who deliver the magazine every month. If you have your magazine delivered, your deliverer will be knocking on your door this month to request your annual payment which remains at the bargain price of £3.50 for 10 issues!

If you don't have the magazine delivered and you would like to, please email or ring me.

Also, if anybody has anything they would like to share with readers of the magazine, please either write it down and give it to me or email it to me at mu@susanmfoster.co.uk. Please send text in either email form or as a word attachment and send photos as jpg attachments.

The deadline for articles for the March magazine is 20th February

	Who's Who?	
Vicar	Revd. Heather Barnes	02476 392266
Curate	Revd. Sharon Crofts	07484 283874
Church Wardens	Mr Nick Miles	02476 394339
	Mrs Sally Young	02476 397276
PCC Secretary	Mrs Carol Miles	02476 394339
Treasurer	Mrs Wendy Albrighton	02476 397183
Planned Giving	Mrs Wendy Albrighton	02476 397183
Mothers' Union	Mrs Susan Foster	02476 319943
Verger	Mr David Hodson	07773 992270
Weddings	Mr Nick Miles and Mrs Carol Miles	02476 394339
Flowers	Mrs Jan Blamire-Brown	02476 395467
Baptism	Revd. Heather Barnes	02476 392266
Community Centre Bookings	Olwyn Hardy	02476 397961
Sunday School	Mrs Ruth Kinderman	02476 395326
Magazine editor	Mrs Susan Foster	02476 319943

Church website: http://www.holytrinityhartshill.co.uk/

Facebook https://www.facebook.com/groups/holytrinityhartshill/

Hartshill Mothers' Union website: http://hartshillmu.uk/

Prayer Requests prayers.holytrinity@gmail.com